

April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Happy Easter 10 Art Group Closing At 2 pm	2 10 Discussion Group 2 Beading	3 10 Psychoeducation Group 2 Embroidery 2:30-5 Clinic	4 10 Women's wellness 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	5 10 Knitting 1.30 Creative Expressions 2:30 Spa 3-6 Clinic by apt	6 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	7 10: Get Crafty Closing At 2
8 10 Art Group Closing At 2 pm	9 10 Discussion Group 2 Beading	10 10 Psychoeducation Group 2 Embroidery No clinic	11 CLOSED	12 10 Knitting 1.30 Creative Expressions 2:30 Spa 3-6 Clinic by apt	13 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	14 10: Get Crafty Closing At 2
15 10 Art Group Closing At 2 pm	16 10 Discussion Group 2 Beading	17 10 Psychoeducation Group 2 Embroidery 2:30-5 Clinic	18 10 Women's wellness 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	19 10 Knitting 1.30 Creative Expressions 2:30 Spa 3-6 Clinic by apt	20 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	21 10.30: Bandstand 10: Get Crafty Closing At 2
22 10 Tea Party 10 Art Group Closing At 2 pm	23 10 Discussion Group 2 Beading	24 10 Psychoeducation Group 2 Embroidery 2:30-5 Clinic	25 10 Women's wellness 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	26 10 Knitting 1.30 Creative Expressions 2:30 Spa 3-6 Clinic by apt	27 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	28 10: Get Crafty Closing At 2
29 10 Art Group Closing At 2 pm	30 10 Discussion Group 2 Beading		Lunch Time Change 12-1.30 pm Week Day Hour 8.30 am – 4.00pm Closing early on Weekends at 2pm		416 Dundas St. E Ph. 416-928-3334 Fax. 416-928-2044 Mon-Fri 8:30-4:00 Sat- Sun 8.30-2.00 Breakfast 8:30-10	