

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Lunch Time Change 12-1.30 pm Closing early on Weekends at 2pm		416 Dundas St. E Ph. 416-928-3334 Fax. 416-928-2044 Mon-Fri 8:30-4:30 Sat- Sun 8.30-2.00 Breakfast 8:30-10			1 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	2 10: Get Crafty Closing At 2	
3 10 Art Group Closing At 2 pm	4 10 Morning Group 2 Beading	5 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	6 CLOSED	7 10-Knitting 10-Acu Detox 11-Chair Yoga 1:30-Creative Expressions Group 2:30-Spa 3- Feed Your Soul 3-6 Clinic by apt	8 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	9 10: Bandstand Closing At 2	
10 10 Art Group 10 Tea Party 10 Music Therapy Closing At 2 pm	11 10 Morning Group 2 Beading	12 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	13 9:30 Embroidery 2:00-4:00 Drop-In Holiday Party	14 10 Knitting 10 Acu-Detox 1:30 Creative Expressions Group 2:30 Spa 3:30 Chair Yoga 3-6 Clinic by apt	15 11 Chair Exercise 1:30 Karaoke 2 Art-O-Rama	16 10 Get Crafty 10 Caroling Closing At 2	
17 10 Art Group Closing At 2 pm	18 10 Morning Group 2 Beading	19 10 Craft Group 2:00 Art Group 2:30-5 Clinic by apt	20 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	21 10 Knitting 1:30 Creative Expressions Group 2:30 Spa 3-6 Clinic by apt	22 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	23 10: Get Crafty Closing At 2	
24 10 Art Group Closing At 2 pm	25 Happy Christmas Christmas Lunch	26 CLOSED	27 9:30 Embroidery 2:00 Curiosity Club 3:30 Chair Yoga	28 10 Knitting 1:30 Creative Expressions Group 2:30 Spa No Clinic	29 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	30 10 – Get Crafty Closing at 2	31 10 – Art group Closing at 2