




<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
	416 Dundas St. E Ph. 416-928-3334 Fax. 416-928-2044 Open daily 8:30-4:30 Breakfast 8:30-10 Lunch 12-2					1 Happy Canada Day 10 Get Crafty 1:30 Movie
2 1:30 Movie	3 10 Knitting 2 Beading	4 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	5 9:30 Gardening 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	6 2:30 Spa 3-6 Clinic by apt	7 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	8 10: Get Crafty 1:30 Movie
9 10 Tea Party 10 Art Group 1:30 Movie	10 10 Knitting 2 Beading	11 10 Craft Group 2:00 Art Group No Clinic	12 9:30 Gardening 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	13 2:30 Spa 3-6 Clinic by apt	14 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	15 10 Reiki 10: Get Crafty 1:30 Movie
16 10 Art Group 1:30 Movie	17 10 Knitting 2 Beading	18 8.30-4.30 Housing 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	19 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	20 9:30 Gardening 2:30 Spa 3-6 Clinic by apt	21 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke 4-6 Open Mic	22 10: Get Crafty 1:30 Movie
23 10 Art Group 1:30 Movie	24 10 Knitting 2 Beading	25 8.30-4.30 Housing 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	26 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	27 9:30 Gardening 2:30 Spa 3-6 Clinic by apt	28 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	29 10: Get Crafty 1:30 Movie 2 Band Stand
30 10 Art Group 1:30 Movie	31 10 Knitting 2 Beading					