

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10 Art Group 10 Tea Party Closing At 2 pm	2 2 Beading	3 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	4 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	5 10 Knitting 1.30 Creative Expressions Group 2:30 Spa NO CLINIC	6 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	7 10: Get Crafty Closing At 2 pm
8 10 Art Group Closing At 2 pm	9 THANKS GIVING SIGN UP REQUIRED	10 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	11 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	12 10 Knitting 1.30 Creative Expressions Group 2:30 Spa	13 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	14 10: Get Crafty Closing At 2 pm
15 10 Art Group Closing At 2 pm	16 2 Beading	17 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	18 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	19 10 Knitting 1.30 Creative Expressions Group 2:30 Spa	20 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	21 10: Get Crafty 10.30 Band Stand Closing At 2pm
22 10 Art Group Closing At 2 pm	23 2 Beading	24 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt	25 9:30 Embroidery 2:00 Curiosity Club 2:45 Acu Detox 3:30 Chair Yoga	26 10 Knitting 1.30 Creative Expressions Group 2:30 Spa	27 11 Chair Exercise 2 Art-O-Rama 1:30 Karaoke	28 10: Get Crafty Closing At 2pm
29 10 Art Group Closing At 2 pm	30 2 Beading	31 HAPPY HALLOWEEN 10 Craft Group 2:00 Art Group 2:30-5 Clinic by appt		416 Dundas St. E Ph. 416-928-3334 Fax. 416-928-2044 Mon-Fri 8:30-4:30 Sat- Sun 8.30-2.00 Breakfast 8:30-10	Lunch Time Change 12-1.30 pm Closing early on Weekends at 2 pm	