

# February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>416 Dundas St. E</i>  <i>Ph. 416-928-3334</i>  <i>Fax. 416-928-2044</i>  <i>Mon-Fri 8:30-4:00</i>  <i>Sat- Sun 8.30-2.00</i>  <i>Breakfast 8:30-10</i></p>				<p><b>1</b>  <b>10 Knitting</b>  <b>1.30 Creative Expressions Group</b>  <b>2:30 Spa</b>  <b>3-6 Clinic by apt</b></p>	<p><b>2</b>  <b>11 Chair Exercise</b>  <b>2 Art-O-Rama</b>  <b>1:30 Karaoke</b></p>	<p><b>3</b>  <b>CLOSED</b></p>
<p><b>4</b>  <b>CLOSED</b></p>	<p><b>5</b>  <b>10 Discussion Group</b>  <b>2 Beading</b></p>	<p><b>6</b>  <b>10 Craft Group</b>  <b>2:00 Art Group</b>  <b>2:30-5 Clinic by appt</b></p>	<p><b>7</b>  <b>9:30 Embroidery</b>  <b>2:00 Curiosity Club</b>  <b>2:45 Acu Detox</b>  <b>3:30 Chair Yoga</b></p>	<p><b>8</b>  <b>10 Knitting</b>  <b>1.30 Creative Expressions Group</b>  <b>2:30 Spa</b>  <b>3-6 Clinic by apt</b></p>	<p><b>9</b>  <b>11 Chair Exercise</b>  <b>2 Art-O-Rama</b>  <b>1:30 Karaoke</b></p>	<p><b>10</b>  <b>10: Get Crafty</b>  <b>10:30 Bandstand</b>  <b>Closing At 2</b></p>
<p><b>11</b>  <b>10 Tea Party</b>  <b>10 Art Group</b>  <b>Closing At 2 pm</b></p>	<p><b>12</b>  <b>10 Discussion Group</b>  <b>2 Beading</b></p>	<p><b>13</b>  <b>10 Craft Group</b>  <b>2:00 Art Group</b>  <b>2:30-5 Clinic by appt</b></p>	<p><b>14</b>  <b>9:30 Embroidery</b>  <b>2:00 Curiosity Club</b>  <b>2:45 Acu Detox</b>  <b>3:30 Chair Yoga</b></p>	<p><b>15</b>  <b>10 Knitting</b>  <b>1.30 Creative Expressions Group</b>  <b>2:30 Spa</b>  <b>3-6 Clinic by apt</b></p>	<p><b>16</b>  <b>11 Chair Exercise</b>  <b>2 Art-O-Rama</b>  <b>1:30 Karaoke</b></p>	<p><b>17</b>  <b>10: Get Crafty</b>  <b>Closing At 2</b></p>
<p><b>18</b>  <b>10 Art Group</b>  <b>Closing At 2 pm</b></p>	<p><b>19</b>  <b>Family Day</b></p>	<p><b>20</b>  <b>10 Craft Group</b>  <b>2:00 Art Group</b>  <b>2:30-5 Clinic by appt</b></p>	<p><b>21</b>  <b>9:30 Embroidery</b>  <b>2:00 Curiosity Club</b>  <b>2:45 Acu Detox</b>  <b>3:30 Chair Yoga</b></p>	<p><b>22</b>  <b>10 Knitting</b>  <b>1.30 Creative Expressions Group</b>  <b>2:30 Spa</b>  <b>3-6 Clinic by apt</b></p>	<p><b>23</b>  <b>11 Chair Exercise</b>  <b>2 Art-O-Rama</b>  <b>1:30 Karaoke</b></p>	<p><b>24</b>  <b>10: Get Crafty</b>  <b>Closing At 2</b></p>
<p><b>25</b>  <b>10 Art Group</b>  <b>Closing At 2 pm</b></p>	<p><b>26</b>  <b>10 Discussion Group</b>  <b>2 Beading</b></p>	<p><b>27</b>  <b>10 Craft Group</b>  <b>2:00 Art Group</b>  <b>2:30-5 Clinic by appt</b></p>	<p><b>28</b>  <b>9:30 Embroidery</b>  <b>2:00 Curiosity Club</b>  <b>2:45 Acu Detox</b>  <b>3:30 Chair Yoga</b></p>	<p><i><b>Lunch Time Change 12-1.30 pm</b></i>  <i><b>Week Day Hour 8.30 am – 4.00pm</b></i>  <i><b>Closing early on Weekends at 2pm</b></i></p>		